

# Violent Incidents and Near Misses

*Steps to take to protect and promote safety*

Violence and near misses at work should never be ignored.

If you witness or experience an incident, there are four important steps you can take to protect yourself, your colleagues, and your patients.

## ***Four Steps to Take Action***

- **Make** sure others are safe.
- **Conduct** a self-wellness check.
- **Seek** first aid if there is physical or psychological harm.
- **Report** the incident or near miss.

*Even when no physical or psychological harm occurs, reporting and responding will help prevent future incidents.*



This microlearning is part of the Provincial Violence Prevention Curriculum eLearning course developed by SWITCH BC, with union and employer partners.

Learn more at [switchbc.ca/programs/violence-prevention](http://switchbc.ca/programs/violence-prevention)

